# **爱美国的**

### VALLEY TRAILERS SQUARE DANCE CLUB

aditor:

Beb Mitchell

grasidanita Masada



Well, here we go into the summer months' hot weather with the hopes that the A/C at Wilkinson's will be at its best. They now have two units working in the big hall, so it is somewhat cool while we are dancing. One nice thing about this time of year is casual dress during the hot months. All of the other clubs in the area have finished their classes for 2015-2016 and will be going into workshop mode. If you feel you need brush-up work, this is a good time to do it and help support the other clubs in the area as well. We would like to get an ear-



ly start on promoting our new class starting September 13, 2016. Flyers are at class and at the dances, so pick up a few and pass them out or put them where they can be seen. We will be doing a couple of square dance demos soon. The first one is on June 20th at St John Eudes Catholic Church for the cub scouts. Then we will be doing one in San Fernando at the United Methodist Church. but no final date has been set yet. If you would like to come join a demo square, please let us know.

Yellow Rocks to all, and see you in a square real soon,

**Don and Renee** 



July 6, 2016 7:30 PM
At the home of
Don & Renee
Krall
All club members
are welcome.





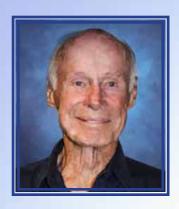
Picnic 2015

Our last big event of this fiscal year is our Annual Summer Party to be held on July 17 beginning at 4:00pm. It will be held at the home of Marci Brewer in West Hills. The signup sheet is available at the



Picnic 2014
Continued on page 2

## Galler Goordinator



Get ready - July brings to the VALLEY TRAILERS two dances; the first dance is on July 16 with Pat Carnathan, who is coming up from Sun City to be with us. Pat started dancing



Pat Carnathan, Caller

in 1977 and started calling in 1981. He has been a pianist since he was 6, so he's got a lot of talent going for him. He is now a fulltime traveling caller with a schedule that takes him all over the USA, and will be just coming off a mid west trip that will include the national convention in Des Moines. We always enjoy seeing Pat and dancing to his unique calling combination, and he does respond well to an appreciative crowd, so let him know you're out there on July 16th.



Jay Hendersen, Caller

Our second caller for July is Jay Henderson doing an Advanced level dance. Jay is a full time traveling caller, and also a country music singer and recording artist. Jay often teams up with the Ghost Riders band to perform from Bakersfield to San Luis Obispo and beyond. He is all over Southern California, and is a delight to listen to whether you're listening in a square or sitting in an audience. Trying to match his schedule with ours wasn't easy, but we got him and those A1-A2 dancers out there are the beneficiaries as a great time is coming at them on July 30. For those Mainstream and Plus dancers, here is an idea for you. If on the 30th you're wondering what to do, come on over to the Wilkinson Center, not to dance but just to socialize and listen to Jay, and to those round dancers who are not advanced square dancers, there is Cindy Mower on stage for the cueing, so you would get both good music and round dancing too! Enjoy the evening.

**Bob Davis** 



### Continued from page 1

### Dộn't Miss the Fuill

Tuesday class and at the dances. There is no cost to Club members or class members and a nominal \$5.00 charge for guests. You will be asked to bring either an appetizer or dessert depending on the first letter of your last name. Remember to bring a swimsuit and towel and a chair to sit on. Make it a must to come and enjoy fellow dancers in a casual setting. We always have a good time, so mark your calendars and don't miss it! Doris Baum, Vice President

## Glub Mambar Drawing

It appears that we failed to cover the outcome of the Club member drawing at the April dance in the June issue, where it would normally be, so we will double up for this month and cover both the April and May dances.

Ethel Ball's name was drawn at the April dance and she was present, so she went home \$30 richer. However, since she wasn't on the mystery bus trip in March, which was the previous visitation, she didn't get to claim the free dance admission prize.

Renee Krall's name was pulled from the hat for the Club member drawing at the May dance, but she wasn't present, so the pot now goes to \$20 for the June dance with Tim Pepper.

## Roy's Beviews



Roy Okada

Valley Frailers Hot Dog Hoedovn

The Valley Trailers' third Saturday night dance in May took place on a cool evening with a bright full moon and a very visible Mars shining just off to the right side of the moon. If you missed seeing that when you left the dance hall, well, you're just aiming your gaze too low. Cindy Mower cued the rounds as usual, and Terri Sherrer from Palm Springs called for the square dancers. There were 11 squares in attendance, predominantly made up of Valley Trailers members. The theme for the evening was Hot Dog Hoedown, and Steve and Joyce Kay did a fabulous job of providing everything necessary to insure that all the dancers were pleased with the Hoedown picnic. If anyone left hungry, it was by their own cnoice.

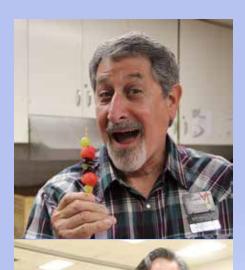
The dance program ran the gamut of easy Mainstream and Plus to the extended A1 star tip, which had five squares up for it. Several VT members who have recently taken A1 classes were pleased with the opportunity to exercise some of their newly learned skills. The tip was relatively long, and so was able to include many of the calls on the A1 list.

We think this is the first time Terri has called for the Valley Trailers, so that will make three first time callers for the Club in a row: Lanny Weakland in April, Terri in May, and then Tim Pepper in June. We certainly enjoy dancing to the regular callers that the Club uses, but new talent is nice too. The variety puts some spice in square dancing.

Roy Okada















## THE LONGEVITY TAGTOR

At this month's (May) ASD meeting headed up by our own Linda Kaplan, a change in the format to round table discussions on pertinent matters took the whole evening, and it was one of the best ever that I have attended.

We had guests from ASD visit us such as the presidents past and current, and the topic came up about square dancing and longevity. I noted that just

the night before, we had cele brated Bob Neel's 90th birthday at class, and that the Valley Trail-



Bob Neel

ers now have four members in their 90s who are still dancing at class.

There was a consensus all around that square dancing offers up a side benefit that very few activities can, the closeness, the holding of hands, and yes hugging is not only acceptable but required in square dancing. We don't really give it a thought as it is a natural and enjoyable part of the calls coming at us. Anyway, it was pretty much decided that the reward for all this social intercourse that keeps our minds

and bodies from getting lethargic and lazy was LONGEVI-TY, so I plan to keep on doing what I'm doing and would enjoy all of you doing it with me. And that is square dancing!!

**Bob Davis** 

They call it a "selfie" because "narcissistie" is too hard to spell.

Courtesy of Cindy Bell



Mary Ann Hatch and Donald Forman

The Valley Trailers send congratulations and best wishes to Mary Ann Hatch and Donald Forman on their upcoming wedding which is less than a week away as we write this. Mary Ann and Donald are members of the Lads 'n' Lassies and are very frequent visitors at the Valley Trailers' dances. We wish them all the best and hope to see them on the dance floor for many years to come.

## WF Manibass Gonithnua to Fraval the World



Any ideas about where Sue Cohen went on her recent trip? It looks very exotic and like it could be one of several places around the world, but probably not too far from the equator. The next time you see Sue, ask her about it. I'm guessing that it was an exciting trip.





## Hote of Boy's Beviews



Roy Okada

## Buekles & Bows May 28 Danies

The highly anticipated Hot Hash season has started with the illustrious Mike Sikorsky. The Buckles & Bows' Memorial Day weekend Saturday club dance was a huge success. Twenty-one squares were present including 19 members of the Valley Trailers. Gus DeFore cued the round dancers with an excellent program that included many requests by the dancers.

What made this evening extraordinary was the presence of this year's graduating class of the Buckles & Bows. For the majority of the 21 class members who attended, this was their first club dance. Imagine being introduced to the world of square dancing by Mike Sikorsky! For many of them, it

must have been rather intimidating. This is where the efforts of John and Sybil Duhig really paid off in preparing and making sure that the newbies had a wonderful experience all evening long. Kathy Davis had just graduated and yet you would not know that as she did every tip remarkably well.



Roy Okada & Míke Síkorsky, Caller

Instead of the usual A-1 star tip at the break, it was Hot Hash and Mike did not disappoint. The packed dance floor confirmed that the dancers were there for the Hot Hash. In fact, about the only dancers sitting out were the members of the Buckles & Bows' graduating class. The fabulous evening concluded with five squares doing the A-1 tip, which was scheduled for after the completion of the Plus tips.

### **Roy Okada**



## Hot Finia with Mika Sikorsky

The Valley Trailers' annual featured caller Mike Sikorsky will be here September 17th with the much-anticipated Hot Hash. Square dancers will soon have the opportunity to find out for themselves how good they really are.

There are no secrets to fully appreciating the exhilaration generated by the high-speed tip. Just follow these five simple rules and you will master Mike and his famous Hot Hash:

- 1. Keep your square as small as possible.
- 2. Use the touch of hands rather than the conventional handshake.
- 3. If your square breaks down, don't line up, but go home.
- 4. Most importantly, keep moving, keep moving.
- 5. Remember that this is all about having fun!

At the conclusion of the Hot Hash tip, you will know the feeling of exhilaration if your square has successfully gone through the entire tip without breaking down. Square up with your friends and good dancing!

Roy Okada





### **Host/Hostess**

Please be there by 7pm. It is your responsibility to find a replacement or switch with someone if you are unable to help, and call Mary Beatty at 818-363-0009.

#### 7/16/16

Mark Friedman Mehrnaz Friedman Virginia Heidt Andrea Lipsman

**7/30/16** (Advanced)

Marci Brewer

Cinda Molitoris

#### 8/20/16

Judy Adler Judith Arner Bonnie Bench Simon Lucas

### 9/17/16

Irene Allen Lynn Bernheim Ron Bernheim Paul Kayne



7/01 Larry and Tina Matz
7/19 Nick and Gail Koulax
7/20 Don and Renee Krall
7/30 John and Nancy Hyde

### Refreshment Committee for Dances from 7/16/16 to 7/30/16

7/16/16 Jean Woodard

7/30/16 Don and Renee Krall





7/04	Roy Okada				
7/04	Irma Taylor				
7/06	Joyce Kay				
7/07	Leland Baum				
7/07	Patricia Kiggins				
7/09	Steve Kay				
7/11	Barbara Kelner				
7/12	Joyce Hatter				
7/12	Anita				

7/17 Sheidenberger
Larry Weintraub
Lawrence Atmore

7/24 Marci Brewer 7/29 Renee Krall

### **Kitchen Patrol**

Please be there by 7 pm. It is your responsibility to find a replacement or switch with someone if you are unable to help, and call the refreshment committee member shown on this page.

#### 7/16/16

Charles Greco
Bob Licht
Sandy Licht
Helene Hirsch

7/30/16 None

#### 8/20/16

Alan Fick
Eddy Galeano
Marlene Lovett
Jacob Sobel

### 9/17/16

Ray Cianci Ricky Campos Kathryn McKee Irma Taylor



Courtesy of Joyce Stillwell









Mark & Mehrnaz Friedman

### **Her Story**

I was born in Tehran, Iran, and graduated from a university there with a B. A. degree in English Literature. My most recent job there was at a cinematic foundation where I was in charge of archiving movie reviews, magazines, and both local and international show business newspapers such as Variety. I was also responsible for translating English movie reviews into Farsi. During the annual film festival in Tehran, I was a team member who helped foreign visitors to attend formal events and sightseeing. Through work, I met a young Belgian lady with whom I became friends. One afternoon, during a visit with her in Belgium, I was exploring the city

of Brussels when I came upon the U. S. Embassy. As I walked by, one of the American guards called out to me, saying that if I wished to apply for a Visa, I needed to go right inside, since they would be closing soon. Although I had not planned to do so, I went inside and filled out the paperwork. The next business day, I was informed that I had been granted a tourist visa. That was the beginning of my greatest adventure. My only friend in America was my former high school English teacher who had arrived some years earlier. She lived in the San Fernando Valley, so that became my destination. I was the only member of my family to leave Iran. I arrived in America in 1999. After a few job interviews and part time work, I took an afternoon job teaching Farsi to Iranian children at St. Paul's church in Tarzana. After my class, while checking the homework and reviewing lesson plans, I heard music coming from another part of the church. I only noticed the music on Tuesday nights. Curious, I decided to follow the music. I came upon a dance class and a friendly gentleman wearing a cowboy hat, who encouraged me to stick around and have some fun. His name was Rob Starks, and he was the first Valley Trailer I met. As I began to learn to square dance with Mike Seastrom and the Valley Trailers, I also joined the Farmers and Charmers' beginners' class with Larry Ward. Taking both classes on different days of the week helped me to more quickly and easily improve my dancing skills. I graduated from both classes in 2001.

### **His Story**

I was born in Burbank, California, and grew up in North Hollywood. I attended North Hollywood High School, majoring in math. I was interested in engineering, biology, and law, and because I spent considerable time with one of my boyhood friends playing with radios, batteries, tape recorders, and other gizmos, I decided to major in Electrical Engineering in college. The summer after graduating from high school, I drove with three other high school friends to the 1967 World's Fair in Montreal (yes, I am that old). We had a great time. I wanted to attend U. C. Berkeley, but didn't think I could afford four years there, so I began college at CSUN (at that time San Fernando Valley State College). In the summer of 1968, I attended a summer camp in Simi Valley that offered classes in art, dance, and drama. I chose dance, and began to learn Israeli Folk Dance. That was the beginning of my relationship with international folk dance. By the end of that summer, I was assisting the dance instructor, and choreographed my own dance. In addition to Israeli folk dances, I subsequently became familiar with Greek, Hungarian, and Macedonian dances. Back at CSUN, a fellow engineering student told me he was planning to transfer to Berkeley for his junior and senior years, and knowing that I could afford two years, I transferred up there as well. At Berkeley I was exposed to many different lifestyles, and received my complimentary tear-gassing at People's Park, but those are stories for another time. During my junior and senior years, I attended off-campus Israeli dance classes, and was asked by the teacher to choose a dance partner from the class and to choreograph a few couple-dances to perform for some senior dinner event in San Francisco. I felt honored and had a lot of fun. During my senior year, I accepted a job offer from Litton Data Systems in Van Nuys, and returned home to

the Valley after graduation in 1971. I continued folk dancing evenings at UCLA for about 20 more years, until my knees finally began complaining. I ceased dancing for a few years, until one day I noticed an ad in a local newspaper for square dance classes in Northridge. My parents had been square dancing for many years, and I figured I could handle a little less strenuous activity, so I joined the VT class led by Mike Seastrom at St. Paul's church in Tarzana. I believe that I graduated from the class in 1997, after which I began "angeling" the students and became Class Coordinator.

### **Our Story**

One evening before class, as I walked around the large dance floor at St. Paul's church greeting the arriving dancers, I noticed a new young and pretty face that I had not seen before. I introduced myself as Mark, and she introduced herself as Mehrnaz. I offered to be her angel, to help her learn to dance. That was in April 2000. In addition to our mutual attraction, we found that we shared similar values and goals, and began to date. Mehrnaz felt that she had found "the man of her dreams" and Mark felt that he had finally found The One. We were engaged in September, 2001, and were married at Knollwood Country Club in March, 2002. When the VT club moved from St. Paul's to the Grace Hungarian church, we continued to make new friends. We were class coordinators twice at that venue. With the most recent move to the Wilkinson Senior Center, we continue to support the class members, and are grateful to count ourselves among the many couples who found each other at the Valley Trailers Square Dance Club.

### Mainstream Goordinator's Beport



Jeanette Williams

Hello Everyone! During July and August, our fabulous caller. Don Schadt, will be endeavoring to cover the final calls on the Mainstream program. Every March and September, he goes back to the beginning of the list of calls in order to give new and returning students a chance to begin again. This is one of the many reasons why our club is unique and popular. Another thing that sets us apart from other clubs is that students do not automatically progress to Plus level at the end of the Mainstream class. We often suggest that some dancers repeat Mainstream. Jean Woodard, Tom Beatty, Joy and Rob Starks, and I will be meeting with individual Mainstream dancers in the coming weeks to discuss whether or not you feel ready to stay for the new Plus class, or if you want to simply repeat the Mainstream program. Please be patient with us as we observe and discuss your dancing skills in the

coming weeks. You may call or email me at any time to discuss any questions that you might have concerning the class.

Some students will remain in the Mainstream class only. Others will move on to add Plus while continuing to practice with Mainstream. No matter what, we want everyone to enjoy their time with the Valley Trailers. Learning is a process. Our aim is progress, not perfection.

Important Dates to Remember:

August 9 – Final Rap Session at Chick-fil-A

September 6 –
Plus Class Graduation and
FREE PARTY DANCE
(with alternating tips,
students can bring a small
plate of munchies to share)

September 13 – New class begins.

### **Boots & Slippers**

## Class Level Fun Dance

1st Saturday night of every month June 4, 7:30 - 10:00 PM

3 Callers
Simi Senior Center
818-326-0177 or
805-583-8843





Bob Mitchell, Editor



When Dolva and I were working, we both had jobs that were considerably more mental than physical, so when retirement came, the transition to everyday life wasn't as abrupt as it might have been if we had been leaving rigorous daily physical work, but nevertheless it was apparent that life was quite different. Adding a physical component to retired life was quite easy; in Dolva's case it was a gym membership that she still uses on a near-daily basis, unlike many that go unused starting a week or two after New Year's, and for me it was walking and hiking on the trails in the local mountains. The lack of mental stimulation wasn't apparent at first, rather like going on vacation and enjoying the opportunity to give your mind a break. But in this case, there wasn't an end to the "vacation", and it soon became apparent that something more than catching up on delayed reading was needed.

We had done a little square dancing twenty-some years ago, but dropped out to get on with other priorities in life with no thought of coming back to it. But we had done enough to realize that there was no limit to the extent of mental gymnastics square dancing could provide if you really got into it and took it seriously, so here we are, about two and a half years later, and pleased with the decision to come back.

One thing we have learned that we didn't realize at the time is just how much study has gone into the benefits of mental activity that accrue from use of the brain that is pushing previous limits a bit. There is quite a body of literature available on this that can be found with a simple Google search, but for now I'll just touch on a couple that have come up recently. One is the piece that Rob and Joy included in their Plus Coordinators' column in the May issue. This was specifically addressing dementia, and while it didn't refer to square dancing specifically, it did show statistics that clearly indicate that physical activity alone does little to ward off dementia, mental activity is quite effective, and the combination of physical and mental is the best, and explicitly called out dancing lessons done frequently as being the most effective protection. No source for the statistics was given, and one can always question the validity of such claims, but I think, given the amount of corroborating information that is available, there can be little doubt, at least in a qualitative sense, about the accuracy of these claims.

Another article that makes even broader claims about health benefits does refer specifically to square dancing. This piece was printed in the January/ February 2016 SCAN Health Plan newsletter that some friends we met through square dancing gave to us. The article makes a very convincing case for why people should take up, or continue, square dancing. I would recommend reading it if vou have access to it. It is well written and informative. Some of the health benefits listed are improved heart health, better muscle tone, more energy, reduced stress, strengthened bones, improved balance, and maintained brain health, listing specifically slowing the onset of Alzheimer's and helping to prevent dementia. Here is a quote from the article: "The most unexpected change in health, however, may be in their heads. literally. "I think our memory is much sharper," Marty says. "I think we're more mentally alert."" Are you convinced yet?

Another benefit I think needs to be added to the list is the friends you make in square dancing. The couple that gave us the SCAN newsletter lives about two miles from us, but we would never have met them if not for square dancing. And they are just two of a much larger list of valued friends we have made in less than three years in the activity. I can't

Continued On Page 12



### **Continued from Page 11**

### **Editor Sez**

quantify the psychological benefits of having lots of friends, but I am certain that it is significant. So do your non-square dancing friends and acquaintances a huge favor – convince them that they should start dancing!







## Plus timu Advanced Dancing

## 2016 Central Oregon Roundup

August 11 - 13
Mainstream, Plus,
Advanced
Caller: Mike
Sikorsky

Mid-Cal Classic
Plus - A-2 Labor Day
Weekend
September 2,3,4
Dancing through Sunday
night till 10:00 pm
Callers:
Bob Baier

Jet Roberts
Los Baños - wood floor
Info - Harlan Bowen

707-489-6819

Buckles & Bows Sea Breeze Dance

Caller: Buddy Weaver
August 14 Plus Level
2:30 - 5:30 pm
\$12.50 Presale
\$15.00 at door
Includes Dinner
Goebel Adult Center
Thousand Oaks
Info Sandy: 818-889-5781
Nancy 805-497-8398

### American Cancer Benefit Dance

September 11, 2016
2:00 - 4:30 pm
Callers: Mike
Seastrom, Buddy
Weaver, Ken Bower,
Pat Carnathan, &
Hunter Keller
\$10.00 advance
\$12.00 at the door
Wilkinson Center
Info: 406-690-2640

## Labor Day Jamboree 2016

Sept 2, 3, 4

Plus - Advanced
Callers:

Charlie Robertson, Dan Clairmont, Don Wood, Romney Tannehill Embassy Suites, Arcadia Charlie or Kristi 909-202-1054 909-732-4978



### givs Goordiniators<sup>\*</sup> Message



Joy & Rob Starks

In last month's article, we talked about the advantages of being a Valley Trailers class student. Valley Trailers offer an excellent teacher, dedicated angels, and dances designed for new students. We also mentioned the student's part of becoming a competent dancer. As a student, we expect you to attend class faithfully, listen to Don Schadt's instructions, and attend both student level dances and at least a few regular club level Saturday dances.

We have two more months of classes before graduation on September 8th. We would love to graduate all of our Plus students; however, that choice is up to each class member. For those whose goal is to graduate and become a Valley Trailer, we want you to experience attending club level dances. A club level dance is very different from a student level dance. At club level dances, you will have a variety of callers, you will be expected to know all the

calls that have been taught on Tuesday evenings, there will be no stopping to explain a call or teach it, and the speed will be much faster. You can see the challenge that awaits you! But you are not alone; Rob and I will be asking each of you to come to a Valley Trailers' dance so we can dance with you and be there to support you as you make this transition to becoming a confident dancer. You will see many of the angels that have been working with you in class who will also welcome the chance to help you become more comfortable with your new-found skills.

There is no pressure to graduate in September; in fact, some of you will be much more comfortable retaking the class to get more experience. Sometimes absences prevent learning all the calls the first time through. Often it is the better dancers who chose to have more floor time in class before graduating.

Every student who wants to graduate and be eligible to become a member of Valley Trailers is required to dance successfully at a Valley Trailers club level dance. The choice is yours! If you are willing to do the work, we are here to assist you in any way we can.



Buckles & Bows
10 week summer
workshop
Caller: Mike Seastrom
Tuesdays starting
June 14
7:00 to 9:00 PM
Goebel Adult Community
Center
Thousand Oaks
Bill & Nancy
805-368-5371

Boots & Slippers
Summer Workshop

Caller: Dick Hodnefield Monday nights starting June 20, 7:30 - 9:30 pm Simi Senior Center Bob & Glenda Hamburg Info: 805-526-3130





## 

### Weaver Believers

4th Friday - A2

July 29 August 26 September 23

8:00 PM - 10:30 PM Canoga Park Women's Club Caller - Buddy Weaver

## Foothill Frolic

A1. A2. Challenge
Callers:
Don Wood &
Charlie Robertson
Covina
Information:
Victor Ambrosini
(909) 592-7434

### "Day of A"

Advanced Dancing
A1 10:30 - 1:00pm
A2 2:00 - 4:30pm
September 25
October 23
November 27
Caller: Ken Ritucci

Cedarbrook
Dance Center
Info 413-262-1875

## Valley Trailers

8:00 - 10:30 PM

July 30 Caller: Jay Henderson

Wilkinson Senior Center Northridge

### **Trailblazers**

1st Saturday C1 11:00 AM -1:30 PM A2 3:00 - 5:30 PM

July - Dark

August 6
Rob French

September 3
Barry Clasper

October 1
Darryl Lipscomb

5946 Westminster Blvd. Info: John Melstrom (714) 968-3888

### **Phantom Squares**

A2 7:45 PM July - Dark

August 12 Eric Henerlau

September 9 Vic Ceder

October 7
Bronc Wise

Canoga Park Women's Club

# Cayucos Capers A-2 Weekend August 19,20,21 Cancelled

A-2 Dancing
June 27 - July 1
Joe Saltel
McCloud, CA
Information:
(956) 283-7581





### **Boots & Slippers**

07/23 Ken Ritucci 08/27 Deborah Carroll-Jones

### **Buckles & Bows**

07/23 Andy Allemao 08/14 Buddy Weaver

### Farmers & Charmers, Lads 'N' Lassies

07/02 Mike Hogan 08/06 Scot Byer

### **Happy Squares**

07/09 Michael Kellogg 08/13 Hunter Keller

### **Sierra Hillbillies**

07/03 Frank Lescrinier 08/07 Darren Gallina

#### **Trail Dusters**

07/09 Ken Ritucci 08/13 Eric Henerlau

### **Western Weavers**

07/08 Dan Nordbye 07/22 Ed Foote 08/12 Lawrence **Johnstone** 08/26 Jon Jones

P

## Otitetal Visitation

VT club members - Don't forget to wear club colors

Date: Club:

P Level:

> This information was not available at Press time, but will be sent out via email as it becomes available.

MP Date:

Club:

Level:

Caller:

Location:

Time:

p

P

Looking for a dance? Look at "wheresthedance.com".

M - Mainstream

P - Plus





Sunday	Monday	Tuesday	Wedneday	Thursday	Friday	Saturday
					1	2 Farmers & Charmers Caller: Mike Hogan
3 Sierra Hillbillies Caller: Frank Lescrinier	4	5 Square Dance Class	6 Board Meeting 7:30 pm	Round Dance Class	8 Western Weavers Caller: Dan Nordbye	9 Happy Squares Caller: Michael Kellogg Trail Dusters Caller: Ken Ritucci
10	11	Square Dance Class	13	Round Dance Class	15	16 Valley Trailers Caller: Pat Carnathan
17	18	Square Dance Class	20	Round Dance Class	22 Western Weavers Caller: Ed Foote	23 Boots & Slippers Caller: Ken Ritucci Buckles & Bows Caller: Andy Allemao
24	25	Square Dance Class	27	Round Dance Class	29	30 Advanced Valley Trailers Caller: Jay Henderson
31						



Date	Theme	Caller	
07/16/16		Pat Carnathan	
07/30/16	A1 and A2	Jay Henderson	
08/20/16		Andy Allemao	
09/17/16		Mike Sikorsky	
10/15/16		David Mee	
10/29/16	Halloween Haunt A1 & A2	David Mee	
11/19/16	62nd Anniversary	Mike Seastrom Charlie Robertson	
12/17/16		Hunter Keller	

Web: valleytrailers.org
Phone: (818) 360-8750
Email: VTsdClub@gmail.com

